




BEGINNINGS AND BEYOND ~ DECEMBER 2018

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		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	3	Buttered Buttermilk Biscuit Applesauce Milk	4	Wheat Chex Cereal Mixed Fruit Milk	5	Pancakes with Maple Syrup Oranges Milk
LUNCH		Inside Out Chicken Pot Pie Green Beans Pineapple Milk	4	W.G Pizza Casserole (Gr. Beef,W.G. Pasta) Cauliflower Grapes Milk	5	Oven Roasted Chicken W.G. Bread Triangles Roasted Potatoes Pears Milk
SNACK		W.G. Wheat Thin Crackers 100% Apple or Cran/Grape Juice	4	W.G. Crunchy Oat Squares 100% Apple or Cran/Grape Juice	5	Tortilla Chips Salsa Water
BREAKFAST	6		6		6	English Muffin Peaches Milk
LUNCH			6		6	Crispy Baked Fish W. W. Bread Triangles Mixed Vegetables Applesauce Milk
SNACK			6		6	Goldfish Crackers 100% Apple or Cran/Grape Juice
BREAKFAST	7		7		7	W. G. Golden Porridge Banana Milk
LUNCH			7		7	Turkey Meatloaf Brown Rice Baked Beans Mixed Fruit Milk
SNACK			7		7	Yogurt Graham Crackers Water
BREAKFAST	10	Buttered Raisin Toast Pears Milk	11	Corn Muffin Peaches Milk	12	Waffles Maple Syrup Pineapple Milk
LUNCH		Homemade Cheese Pizza Broccoli Oranges Milk	11	BREAKFAST FOR LUNCH Scrambled Eggs Pop's Potatoes W.W. Bread Triangles Applesauce Milk Banana Whip Graham Crackers Water	12	Angry Bird Baked Chicken W.G. Brown Rice Peas and Carrots Mixed Fruit Milk
SNACK		W.G. Rice Cakes 100% Apple or Cran/Grape Juice	11		12	Goldfish Crackers 100% Apple or Cran/Grape Juice
BREAKFAST	13		13		13	Rice Chex Cereal Oranges Milk
LUNCH			13		13	Meatballs in Brown Gravy Cous Cous Mixed Vegetables Pears Milk
SNACK			13		13	W.G. Crunchy Oat Squares 100% Apple or Cran/Grape Juice
BREAKFAST	14		14		14	Buttered English Muffin Banana Milk
LUNCH			14		14	Cheesy Chicken Quesadillas W.G. Tortillas Corn Oranges Milk
SNACK			14		14	Teddy Bites (Teddy Grahams, Pretzels, Raisins) 100% Apple or Cran/Grape Juice
BREAKFAST	17	Buttered W. W. Toast Peaches Milk	18	Rice Krispies Applesauce Milk	19	W.G. French Toast Maple Syrup Oranges Milk
LUNCH		Beef Burger Goulash Sliced Italian Bread Mixed Vegetables Pineapple Milk	18	Chicken Salad Sandwich Bun Carrots Mixed Fruit Milk	19	Tasty Chicken Tenders Dinner Roll Green Beans Pears Milk
SNACK		H.M. Breadsticks Tomato Dipping Sauce Water	18	Cheez-It Crackers 100% Apple or Cran/Grape Juice	19	Pretzel Rods 100% Apple or Cran/Grape Juice
BREAKFAST	20		20		20	Toasted Mini Bagel Oranges Milk
LUNCH			20		20	H.M. Macaroni & Cheese Broccoli Peaches Milk
SNACK			20		20	H.M. W.G. Granola Bars 100% Apple or Cran/Grape Juice
BREAKFAST	21		21		21	Golden Porridge (W.G. Oats) Banana Milk
LUNCH			21		21	CHRISTMAS LUNCH Baked Ziti Meatballs in Tomato Sauce California Mix Vegetables Cinnamon Applesauce Santa's Reindeer Feed (Asst'd Cereal, Crackers,Pretzels,Etc)
SNACK			21		21	100% Apple or Cran/Grape Juice
BREAKFAST	24	SCHOOL CLOSED  MERRY CHRISTMAS	25	SCHOOL CLOSED  MERRY CHRISTMAS	26	SCHOOL CLOSED  MERRY CHRISTMAS
LUNCH			25		26	
SNACK		Cheez-It Crackers	25		26	
BREAKFAST	27		27		27	English Muffin Pineapple Milk
LUNCH			27		27	Baked Tilapia W.W. Bread Triangles Green Beans Mixed Fruit Milk
SNACK			27		27	Monterey Jack/Colby Cheese Saltine Crackers Water
BREAKFAST	28		28		28	W.G. Kix Cereal Banana Milk
LUNCH			28		28	All Natural Turkey Hot Dogs Hot Dog Buns Baked Beans Pears Milk
SNACK			28		28	Animal Crackers 100% Apple or Cran/Grape Juice
BREAKFAST	31	Corn Flakes Cereal Oranges Milk				
LUNCH		Bow Tie Tuna (Pasta,Tuna) Peaches Corn Milk				
SNACK		W.G. Fruity Oat Mix 100% Apple or Cran/Grape Juice				

Please note that if your child cannot eat any of the items on our menu due to allergies, beliefs, or food preferences, you must provide the meals for your child for that particular day. We are unable to provide alternative foods due to the time schedule and the large number of children we serve. We appreciate your understanding! Thank you!