

BEGINNINGS AND BEYOND ~ MARCH 2019

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------|---------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| BREAKFAST | | | | | Rice Chex Cereal Banana Milk |
| LUNCH | | | | | DR. SEUSS BIRTHDAY LUNCH Green Eggs with Ham Pop's Potatoes WW Bread Triangles Pears Milk Red Fish, Blue Fish Jell-o Snack (w.goldfish) Milk |
| SNACK | | | | | |
| BREAKFAST | 4 Pancakes 100% Pure Maple Syrup Oranges Milk | 5 Corn Muffins Applesauce Milk | 6 Corn Chex Cereal Banana Milk | 7 Bagels Grapes Milk | 8 Golden Porridge ((W.G. Oats) Peaches Milk |
| LUNCH | Meatballs in Brown Gravy Cous Cous Cauliflower Peaches Milk | Chicken Melties W.G. Eng.. Muffin Mixed Vegetables Pineapple Milk | Grilled Cheese on Whole Wheat Broccoli Pears Milk | Turkey Meatloaf Mashed Potatoes Dinner Roll Oranges Milk | Chicken Parmesan Peas and Carrots Italian Bread Slices Applesauce Milk |
| SNACK | W.G. Brown Rice Cakes 100% Apple or Cran/Grape Juice | Corn Tortilla Chips Salsa Water | Teddy Bites (Teddy Grahams, pretzels,raisins) 100% Apple or Cran/Grape Juice | W.G. Tricuit Crackers 100% Apple or Cran/Grape Juice | H.M. Garlicky Breadsticks Saucy Tomato Dip Water |
| BREAKFAST | 11 W.G. Wheat Chex Cereal Pineapple Milk | 12 W.W. French Toast 100% Pure Maple Syrup Oranges Milk | 13 Rice Krispies Cereal Banana Milk | 14 W.G.English Muffin Peaches Milk | 15 W.G. Oat Squares Oranges Milk |
| LUNCH | Kid's Favorite Chili (Gr.Turkey, Veg) Mixed Fruit Milk | Chicken Tenders Cauliflower W.W. Bread Triangles Grapes Milk | Oven Baked Tilapia Mixed Vegetables W.W. Bread Triangles Pineapple Milk | All Natural Turkey Hot Dogs Hot Dog Bun Baked Beans Mixed Fruit Milk | ST. PATRICK'S DAY LUNCH Irish Chicken 'nVeggie Stew Dinner Roll Pears Milk |
| SNACK | Chex Mix (Corn chex,Rice chex,Raisins,Pretzels) 100% Apple or Cran/Grape Juice | W.G. Oat Squares 100% Apple or Cran/Grape Juice | Graham Crackers Cinnamon Applesauce Dip Water | Animal Crackers 100% Apple or Cran/Grape Juice | St. Paddy's Mix 100% Apple or Cran/Grape Juice |
| BREAKFAST | 18 Buttered W.W. Toast Peaches Milk | 19 Buttered Buttermilk Biscuits Pineapple Milk | 20 Corn Flakes Grapes Milk | 21 Golden Porridge (W.G. Oats) Banana Milk | 22 Raisin Toast Peaches Milk |
| LUNCH | Inside Out Chicken Pot Pie (Chicken,Mixed Veg) Buttermilk Biscuits Peaches Milk | Turkey Noodle Dinner (Gr.Turkey/Noodles) Green Beans Mixed Fruit Milk | Cheesy Chicken Quesadillas W.G. Tortillas Corn Pears Milk | Chicken Salad Sandwich Roll Carrots Oranges Milk | Chicken and Dumplings Mixed Vegetables Pears Milk |
| SNACK | Goldfish Crackers 100% Apple or Cran/Grape Juice | W.G. Fruity Oat Mix 100% Apple or Cran/Grape Juice | Monterey Jack Cheese Slices Saltine Crackers Water | Pretzels 100% Apple or Cran/Grape Juice | W.G. Wheat Thin Crackers 100% Apple or Cran/Grape Juice |
| BREAKFAST | 25 W.G. Kix Cereal Pineapple Milk | 26 Buttered Mini Bagels Grapes Milk | 27 Waffles 100% Pure Maple Syrup Oranges Milk | 28 W.G. Crunchy Oat Squares Pineapple Milk | 29 Whole Grain English Muffin Mixed Fruit Milk |
| LUNCH | Homemade Mac N Cheese Mixed Vegetables Mixed Fruit Milk | Angry Bird Chicken Mixed Vegetables W.W. Bread Triangles Pears Milk | W.G. Pizza Casserole (W.G. Pasta,Gr. Beef) Broccoli Applesauce Milk | Penne Pasta/Tomato Sauce Meatballs Carrots Applesauce Milk | Homemade Cheese Pizza Green Beans Pears Milk |
| SNACK | Pretzel Rods 100% Apple or Cran/Grape Juice | Banana Whip Graham Crackers Milk | Teddy Bites 100% Apple or Cran/Grape Juice | Cucumber Sticks Ranch Dressing Milk | Yogurt Graham Crackers Water |



Please note that if your child cannot eat any of the items on our menu due to allergies, beliefs, or food preferences, you must provide the meals for your child for that particular day.

We are unable to provide alternative foods due to the time schedule and the large number of children we serve. We appreciate your understanding! Thank you!