








BEGINNINGS AND BEYOND ~ DECEMBER 2021

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST			Pancakes with Maple Syrup Oranges Milk	English Muffin Peaches Milk	Mini Bagels Bananas Milk
LUNCH			Oven Roasted Chicken W.G. Bread Triangles Roasted Potatoes Pears Milk	Crispy Baked Fish W. W. Bread Triangles Mixed Vegetables Applesauce Milk	Turkey Meatloaf Brown Rice Baked Beans Mixed Fruit Milk
SNACK			Tortilla Chips Salsa Water	Goldfish Crackers 100% Apple or Cran/Grape Juice	Yogurt Graham Crackers Water
BREAKFAST	6 Buttered Raisin Toast Pears Milk	7 Corn Muffin Peaches Milk	8 Waffles Maple Syrup Pineapple Milk	9 Rice Chex Cereal Oranges Milk	10 Buttered English Muffin Banana Milk
LUNCH	Homemade Cheese Pizza Broccoli Oranges Milk	BREAKFAST FOR LUNCH Scrambled Eggs Pop's Potatoes W.W. Bread Triangles Applesauce Milk 	Angry Bird Baked Chicken W.G. Brown Rice Peas and Carrots Mixed Fruit Milk	Meatballs in Brown Gravy Cous Cous Mixed Vegetables Pears Milk	Cheesy Chicken Quesadillas W.G. Tortillas Corn Oranges Milk
SNACK	W.G. Rice Cakes 100% Apple or Cran/Grape Juice	Banana Whip Graham Crackers Water	Goldfish Crackers 100% Apple or Cran/Grape Juice	W.G. Crunchy Oat Squares 100% Apple or Cran/Grape Juice	Teddy Bites (Teddy Grahams, Pretzels, Raisins) 100% Apple or Cran/Grape Juice
BREAKFAST	13 Buttered W. W. Toast Peaches Milk	14 Rice Krispies Applesauce Milk	15 W.G. French Toast Maple Syrup Oranges Milk	16 Toasted Mini Bagel Oranges Milk	17 English Muffin Pineapple Milk
LUNCH	Beef Burger Goulash Sliced Italian Bread Mixed Vegetables Pineapple Milk	Chicken Salad Sandwich Bun Carrots Mixed Fruit Milk	Tasty Chicken Tenders Dinner Roll Green Beans Pears Milk	H.M. Macaroni & Cheese Broccoli Peaches Milk	Baked Tilapia W.W. Bread Triangles Green Beans Mixed Fruit Milk
SNACK	H.M. Breadsticks Tomato Dipping Sauce Water	W.G. Crunchy Oat Squares 100% Apple or Cran/Grape Juice	Pretzel Rods 100% Apple or Cran/Grape Juice	W.G. Fruity Oat Mix 100% Apple or Cran/Grape Juice	Monterey Jack/Colby Cheese Saltine Crackers Water
BREAKFAST	20 W. G. Kix Cereal Peaches Milk	21 Buttered Buttermilk Biscuit Applesauce Milk	22 Golden Porridge (W.G. Oats) Banana Milk	23 SCHOOL CLOSED	24 SCHOOL CLOSED
LUNCH	Kid's Favorite Chili (Gr. Turkey,Veg) Oyster Crackers Pineapple Milk	Inside Out Chicken Pot Pie Green Beans Pineapple Milk	CHRISTMAS LUNCH Baked Ziti Meatballs in Tomato Sauce California Mix Vegetables Cinnamon Applesauce Milk 		
SNACK	Pretzel Sticks 100% Apple or Cran/Grape Juice	W.G. Wheat Thin Crackers 100% Apple or Cran/Grape Juice	CLASS CHRISTMAS PARTIES Healthy Food Choices 100% Fruit Juice 	MERRY CHRISTMAS	MERRY CHRISTMAS
BREAKFAST	27 SCHOOL CLOSED	28 W. G. Golden Porridge Banana Milk	29 W.G. Kix Cereal Banana Milk	30 Corn Flakes Cereal Oranges Milk	31 SCHOOL CLOSED
LUNCH		All Natural Turkey Hot Dogs Hot Dog Buns Baked Beans Pears Milk	Chicken with Dumplings Carrots Mixed Fruit Milk	Bow Tie Tuna (Pasta,Tuna) Peaches Corn Milk	
SNACK	MERRY CHRISTMAS	Pretzels 100% Apple or Cran/Grape Juice	Animal Crackers 100% Apple or Cran/Grape Juice	W.G. Fruity Oat Mix 100% Apple or Cran/Grape Juice	HAPPY NEW YEAR

Please note that if your child cannot eat any of the items on our menu due to allergies, beliefs, or food preferences, you must provide the meals for your child for that particular day.

We are unable to provide alternative foods due to the time schedule and the large number of children we serve. We appreciate your understanding! Thank you!