



Meal Patterns and Outside Food

I, as the parent/guardian of _____, may periodically bring in packed meals (breakfast, lunch, or snack) for my child.

I understand that if I decide to pack breakfast, lunch, or snack items for my child that I am required to pack healthy meals that meet the USDA/Child and Adult Care Food Program (CACFP) meal pattern requirements. If components are missing from any meal brought in by a family, the center will supplement that meal with that particular food component that is being served on the menu that day, barring any allergies the child may have.

Any food items brought in by families that do not adhere, such as sugar sweetened juices or drinks, cookies, cake, candy, non-healthy snacks items such as potato chips, cheese doodles, etc. (this list is not inclusive of all items) may be saved for the child to bring home later and will not be served. This rule will not apply to special parties we may have at the center for special events (for example, Valentine's Day, Easter, etc.) During these parties, sign-up sheets will be put up for families to bring in some of the party foods ordinarily prohibited during meal times (such as cookies, cupcakes, cheese doodles, etc). Child birthdays will also be considered a special event where cupcakes are provided by the center and served to the children in the birthday child's classroom (parent permission slip from enrollment packed would have been signed to allow children to participate in this).

Please note that we are also a peanut free facility due the high tendency to have peanut allergies in the centers. No food items with peanuts, peanut butter, etc. may be brought into the center. If these are brought in, they will be sent back home and a different alternative will be served to your child.

Failure to follow center guidelines may result in expulsion from the center.

Parent Signature_____

Date_____