



BEGINNINGS AND BEYOND ~ JUNE 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST			1 English Muffins Applesauce Milk	2 W.W. French Toast/Syrup Mixed Fruit Milk	3 Corn Muffin Banana Milk
LUNCH			Kid's Favorite Chili (Gr.Turkey,Veg) Oyster Crackers Pineapple Milk	Tasty Chicken Tenders Italian Bread Slices Mixed Vegetables Pears Milk	Crispy Baked Fish Dinner Roll Carrots Peaches Milk
SNACK			WG Wheat Thin Crackers 100% Fruit Juice	Yogurt/Graham Crackers Water	WG Crunchy Oat Squares 100% Fruit Juice
BREAKFAST	6 Rice Krispies Pears Milk	7 Buttered W.W. Toast Applesauce Milk	8 WG Crunchy Oat Squares Peaches Milk	9 Bagels Oranges Milk	10 Raisin Toast Peaches Milk
LUNCH	Chicken Melties W.G. English Muffin Broccoli Oranges Milk	Meatballs in Brown Sauce Cous Cous Green Beans Mixed Fruit Milk	H.M. Cheese Pizza Peas Pears Milk	Turkey Noodle Dinner Cauliflower Applesauce Milk	Angry Bird Chicken W.G. Brown Rice Mashed Potatoes Pineapple Milk
SNACK	Jell-o Peaches Milk	Teddy Bites (Teddy Grahams,Pretzels,Raisins) 100% Fruit Juice	Goldfish Crackers 100% Fruit Juice	W.G. Brown Rice Cakes 100% Fruit Juice	HM Garlic Breadsticks Tomato Sauce Dip Water
BREAKFAST	13 W.G. Kix Cereal Banana Milk	14 Raisin Toast Oranges Milk	15 Waffles / Syrup Pineapple Milk	16 Rice Chex Grapes Milk	17 Buttermilk Biscuits Pears Milk
LUNCH	Bow Tie Tuna (Tuna,Pasta) Corn Peaches Milk	BREAKFAST FOR LUNCH Scrambled Eggs Pop's Potatoes W.W. Bread Triangles Pears Milk 	Pizza Casserole (W.W. Pasta) Mixed Vegetables Watermelon Cubes Milk	Cheesy Chicken Quesadillas (W.G. Tortillas) Baked Beans Applesauce Milk	Donuts for Dads Tuna/Egg Salad Sandwich Bun Green Beans Pineapple Milk 
SNACK	Monterey Jack Cheese Saltine Crackers Water	Banana Whip Graham Crackers Water	Pretzels 100% Fruit Juice	Cheez-It Crackers 100% Fruit Juice	W.G. Fruity Oat Mix 100% Fruit Juice
BREAKFAST	20 Wheat Chex Cereal Mixed Fruit Milk	21 W.G. English Muffins Oranges Milk	22 Golden Porridge (W.G. Oats) Peaches Milk	23 Pancakes / Syrup Applesauce Milk	24 Corn Chex Banana Milk
LUNCH	Turkey Meatloaf W.W. Bread Triangles Peas and Carrots Pears Milk	H.M. Mac and Cheese Mixed Vegetables Applesauce Milk	Spaghetti/Tomato Sauce Meatballs Broccoli Pineapple Milk	Baked Tilapia W.G. Brown Rice California Veg. Mix Watermelon Cubes Milk	Chicken,Broccoli & Cheddar Casserole Dinner Roll Pineapple Milk
SNACK	Animal Crackers 100% Fruit Juice	Cucumber Slices Ranch Dressing Milk	Goldfish Crackers 100% Fruit Juice	Pretzels 100% Fruit Juice	W.G. Tortilla Chips Mild Salsa Water
BREAKFAST	27 Bagels Oranges Milk	28 W.G. Toast Mixed Fruit Milk	29 Buttermilk Biscuits Mixed Fruit Milk	30 Corn Flakes Peaches Milk	
LUNCH	Chicken 'N Dumplings (Chicken/Biscuits) Green Beans Pears Milk	Mini Meatball Subs Mixed Vegetables Applesauce Milk	Cheesy Chicken Quesadillas (W.G. Tortillas , Chicken) Corn Pears Milk	Chicken Salad On W.W. Bread Carrots Oranges Milk	
SNACK	W.G/ Wheat Thin Crackers 100% Fruit Juice	Graham Crackers 100% Fruit Juice	W.G. Triscuit Crackers 100% Fruit Juice	Pretzel Rods 100% Fruit Juice	