




BEGINNINGS AND BEYOND ~ January 2024

| | | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY |
|-----------|----|---|----|--|----|---|----|---|----|--|
| BREAKFAST | 1 | School Closed | 2 | Raisin Toast/Butter Pineapple Milk | 3 | W.G. Kix Pears Milk | 4 | Pancakes/Syrup Mixed Fruit Milk | 5 | W.G. Corn Chex Oranges Milk |
| LUNCH | |  | | Chicken, Broccoli, Cheddar Casserole Mixed Fruit Milk | | Spaghetti a La Philly Corn Oranges Milk | | Chicken Melties (Eng. Muffins) Mixed Vegetable Pineapple Milk | | Turkey Hot Dogs Hot Dog Buns Baked Beans Applesauce Milk |
| SNACK | | School Closed | | W.G. Fruity Oat Mix 100% Fruit Juice | | Animal Crackers 100% Fruit Juice | | W.G. Wheat Thins 100% Fruit Juice | | Teddy Bites(Teddy Grahams, Pretzals, and Raisins) 100% Fruit Juice |
| BREAKFAST | 8 | W.G. Cheerios Mixed Fruit Milk | 9 | W.W. Toast/Butter Oranges Milk | 10 | W.G. Rice Chex Pineapple Milk | 11 | English Muffins/Butter Applesauce Milk | 12 | Corn Muffins Banana Milk |
| LUNCH | | OMG Chicken W.W. Bread Mashed Potato Pears Milk | | Turkey Noodle Dinner Peas Peaches Milk | | Inside Out Chicken Pot Pie Peas and Carrots Mixed Fruit Milk | | Beef Burger Goulash (Gr.Beef, Corn) Oranges Milk | | Baked Ziti Green Beans Pineapple Milk |
| SNACK | | Pretzals 100% Fruit Juice | | Goldfish 100% Fruit Juice | | Applesauce and Graham Crackers Water | | W.G. Rice Cakes 100% Fruit Juice | | W.G. Tiscuits 100% Fruit Juice |
| BREAKFAST | 15 | School Closed | 16 | Bagel/Butter Oranges Milk | 17 | Cornflakes Mixed Fruit Milk | 18 | Scrambled Eggs W.W. Toast Milk | 19 | W.G. Wheat Chex Pears Milk |
| LUNCH | |  | | Chicken and Dumplings Peas and Carrots Pineapple Milk | | Grilled Cheese (W.W.Bread) Green Beans Pears Milk | | Mini Meat ball Subs Hot Dog Buns Baked Beans Oranges Milk | | Chicken Terriaki Spaghetti Noodles Mixed Vegetables Mixed Fruit Milk |
| SNACK | | School Closed | | W.G. Tortilla Chips and Salsa Water | | Cheese-Its 100% Fruit Juice | | Chex Mix (Corn Chex, Rice Chex, Raisins, Pretzals) 100% Fruit Juice | | Animal Crackers 100% Fruit Juice |
| BREAKFAST | 22 | W.G. Crunchy Oat Squares Pears Milk | 23 | Raisin Toast/Butter Oranges Milk | 24 | W.G. Corn Chex Pineapple Milk | 25 | W.G. French Toast/Syrup Mixed Fruit Milk | 26 | Corn Muffins Applesauce Milk |
| LUNCH | | Chicken Quesadillas (W.G. Torillas) Carrots Pineapple Milk | | Kids Favorite Chili Oysters Crackers Mixed Fruit Milk | | Breakfast For Lunch Scrambled Eggs Pop's Potatoes W.W. Bread Applesauce Milk  | | Cheeseburger-Oni (Elbow Noodles) Mixed Vegetable Oranges Milk | | Mini Pizza Muffins (Eng. Muffins) Peas Pears Milk |
| SNACK | | Monterey Jack Cheese and Crackers Water | | W.G. Wheat Thins 100% Fruit Juice | | Goldfish 100% Fruit Juice | | Pretzals 100% Fruit Juice | | W.G. Rice Cakes 100% Fruit Juice |
| BREAKFAST | 29 | Rice Kripies Oranges Milk | 30 | W.W. Toast/Butter Applesauce Milk | 31 | W.G. Rice Chex Pears Milk | | | | |
| LUNCH | | Tasty Chicken Tenders Cous Cous Green Beans Pineapple Milk | | Penne Pasta Meat Balls Corn Mixed Fruit Milk | | Mama's Checken & Rice Casserole Pears and Carrots Oranges Milk | | | | |
| SNACK | | W.G. Fruity Oat Mix 100% Fruit Juice | | Yogurt and Graham Crackers Water | | Chex Mix (Corn Chex, Rice Chex, Raisins, Pretzals) 100% Fruit Juice | | | | |

Please note that if your child cannot eat any of the items on our menu due to allergies, beliefs, or food preferences, you must provide the meals for your child for that particular day.

We are unable to provide alternative foods due to the time schedule and the large number of children we serve. We appreciate your understanding! Thank you!